



# Enhance Your Wellbeing with our Clinical Psychology Services

The Clinical Psychology team at the Midwestern University Therapy Institute offers patients high-quality, affordable therapeutic services. We utilize various therapeutic strategies and techniques to help patients with a variety of concerns, including:

- **Stress Management**
- **Mood and Anxiety**
- **Sleep Problems**
- **Life Transitions**
- **Self-Esteem**
- **Social/Behavioral**

During your initial evaluation, we will thoroughly examine your underlying concerns and determine the right fit for your therapy goals. Our practitioners will then partner to provide therapeutic services to promote mental health and wellbeing.

All Clinical Psychology services are provided by graduate students under the supervision of licensed psychologists.

**Call for an appointment: 623-537-6000**