

GSFN Meeting Notes 12-13-18

Factor Analysis for Food Insecurity for Families in 85301

Positive Factors: Those things that are helping increase family access to healthy foods

- Supplemental food programs
- Resource rich area
- **Increased job availability (e.g. construction)**
- **Community food collection and distribution, FRCs, schools, faith-based**
- Higher awareness of food insecurity by school staff
- Family awareness of local resources
- **Community resiliency and protective factors---informal family and community networks**

Negative Factors: Things that impede family access to healthy foods

- **Low wages, low income**
- **Lack of affordable housing**
- Emergencies, medical, job loss, death
- **Political environment---fear of undocumented persons to use food resources like wic and snap**
- Health literacy—medical and health implications of not understanding, lack of child well visits
- Transportation
- Lack of grocery stores and quality of grocery stores
- Larger family sizes
- Food programs offering or encouraging processed food, lack of fresh foods
- Lack of knowledge on how to use SNAP/WIC dollars to stretch them and buy healthy foods